



Membership Form

Full name

Firstname / Lastname

first name		last name
------------	--	-----------

Address

Street / Suburb / Postcode

street		suburb		postcode
--------	--	--------	--	----------

Telephone

Home / Work / Mobile

home		work		mobile
------	--	------	--	--------

Sex

M	F
---	---

Date of Birth

Day / Month / Year

Day		month		year
-----	--	-------	--	------

Email address

(Main club communication will be sent to this address
Moderated list - NO SPAM)

--

Electronic "Blister"

(save paper by reading the club magazine on the website; please tick your choice)

Yes, email me when available for download

No, please mail me a paper copy

Running singlet size

Circle the desired singlet size (included in membership)

MALE					FEMALE			
S	M	L	XL	XXL	XS	S	M	L

Family memberships

Please use this field to add an additional member *at same mailing address* (family price of \$160 applies)

firstname		lastname		sex		birth day		month		year		singlet size

Preregistration for Striders Events

Members can pre-register for all 12 Striders Races – that is, the ten 10km series races, the Equaliser and the Internal Half (sorry not Six Foot Track).

YES, please pre-register **people at \$40 each**
(place a number in the box, or leave blank)

Volunteering

Please tick below the area/s you would be prepared to volunteer for in 2010 as part of your contribution to the club.

- | | | |
|---|--|--|
| <input type="checkbox"/> Committee or organisation role | <input type="checkbox"/> Sunday Training Run (STaR) host | <input type="checkbox"/> 7am STaR host |
| <input type="checkbox"/> Six Foot Track | <input type="checkbox"/> Club race support (e.g. 10k series, Equaliser, Internal Half) | |

