

Km	START	Berowra Oval	Menu	
	R	Berowra Waters Rd	30.0 - SC1 =	
0.1	R	at Roundabout (still Berowra Waters Rd)	30.0 - SC1 - SC2 = 15.2k	
0.7	L	Arcadia Cr	30.0 - SC1 - GO = 22.3k	
8.0	L	Creole St	30.0 - GO = 3	
0.9	R	Holliday Ave	30.0 - SC2 =	
1.2	R	Joalah Cres	Run full 30.0	you are a bloody beauty!
1.4	L	Easton Rd	1	
1.9	INTO	Wyanna St		46
2.6	INTO	Barnetts Rd		
3.2	R	Easton Rd		
3.9	R	Berowra Waters Rd (at BP Garage)		1000
5.0	R	Crowley Rd (at roundabout)	-	
5.3	L	Waratah Rd		
5.6	R	Anembo Rd	44. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.	
5.8	R	Yallambee Rd		
8.6	INTO	Gwandalan Cres		E STATE OF THE STA
7.3	INTO	Kywong Rd		
7.7	R	Redwood Ave		
8.0	R	Bambil Rd		
8.1	R	Ti-Tree Close		
3.2	INTO	Bush Track (thru gate)		
11.0	WATER	At junction of track		
	CONTINUE	Along Bush Track (as before)		For Fire-safe Option
12.8	L	At flour marks / Bush Walker signpost!!		ALL take Short Option 1
	FOLLOW	Track thru twists, turns & steps		Short Option 1 cuts 6km
13.4	L	At Bush Walker signpost - BE CAREFUL!!		Misses single track bush
	FOLLOW	Track down to Berowra Waters		Continue Bush Track to End
15.0	WATER	& Toilets at road near ferry		Into Berkeley Close to Top
10.0	UP	Berowra Waters Rd		L Barnetts Close
19.4	LEFT	Into Park (Water) about 200m before roundable	out at ton	L Dai lietts Close
19.6	L	Turner Rd	Rejoins	For 30km runners only
13.0	FOLLOW	Turner Rd to end	Rejoins	Left down Berowra Waters Rd to
21.3	INTO	Bush Track		Ferry, Toilets & Water
21.4	R	After 100m as track forks - look for flour		Then return up to roundabout
21.7	FOLLOW	until end	1	men return up to roundabout
22.4	INTO			
22.4 23.1	SHARP L	Woodcourt Rd Lonsdale Ave (to end)		
23.1 23.8	INTO	Bush Track at end		Short Option 2 cuts 8.8km
23.0	FOLLOW			Misses other bush sections
05.0		until end		
25.3	INTO	Cliff View Rd		R Turner Rd
25.7	L	Wideview Rd		Up Berowra Waters Rd
26.4	R	Alan Rd		to END
26.6	L	Woodcourt Rd		
27.1	WATER	& Toilets at Oval		
	CONTINUE	LEFT down Warrina St		
	INTO	Eve Place (no sign - but keep going down!)		Gutless Option - cuts 1.7km
27.7	INTO	Bush Track at end		R Hillcrest Rd
27.9	R	After 200m as track forks - look for flour - BE C	AREFUL!!	L Berowra Wtrs Rd to End
	FOLLOW	until end		
28.4	L	Mary Wall Cres		
20.4	R	Gully Rd		
28.7	R	Berowra Waters Rd		
28.7 29.8		Berowra Waters Rd Berowra Oval		چەر خەر
28.7 29.8 30.0	R			47:00
28.7 29.8	R			
28.7 29.8	R			

