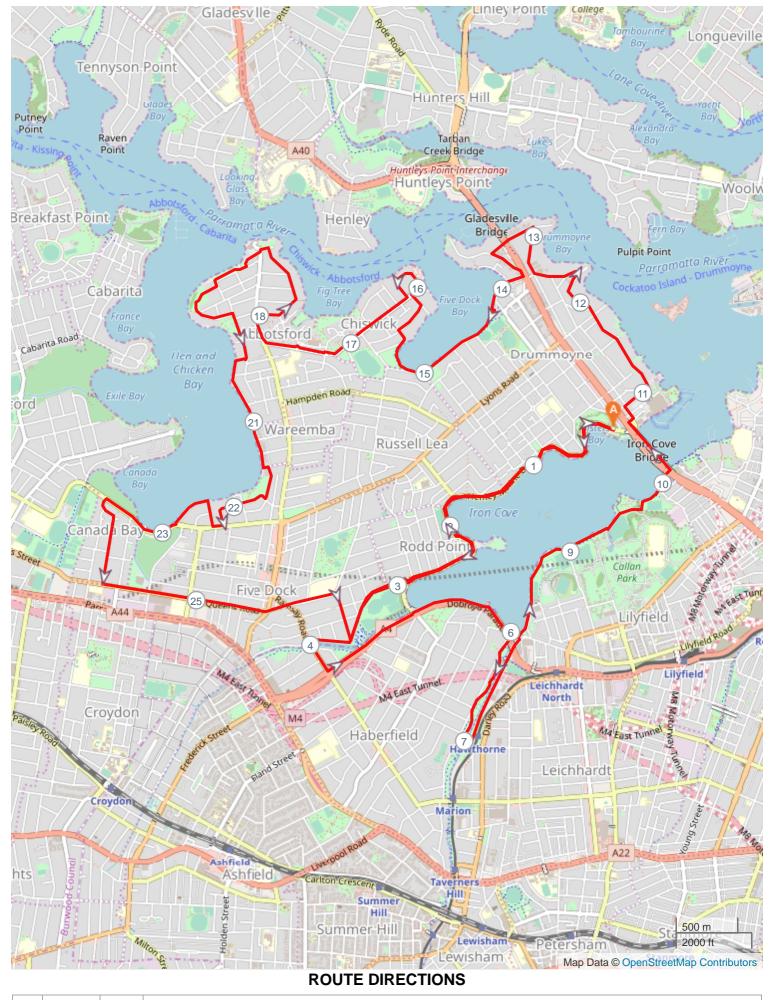
SS Iron Cove Bolter 30km



No	Km	Turn	Directions
1	0.000		Start by going left onto The Bay Run
2	2.901	7	Cross Timbrell Drive continue onto Henley Marine Drive with Timbrell Park on your left
3	3.946	R	Keep left onto Henley Marine Drive
4	3.990	÷	Turn left onto Ramsay Road
5	4.269	÷	Turn left onto Wattle Street which becomes Dobroyd Parade, continue to The Bay Run
6	5.890		Turn right onto Hawthorne Parade and follow path
7	7.029	÷	Turn left cross over Hawthorne Canal, turn left onto path continue towards The Bay Run
8	8.134		Keep left continue onto The Bay Run
9	10.128	÷	Turn left cross over Iron Cove Bridge to other side continue onto Renwick Street
10	10.827	7	Turn right onto Park Avenue to the end, turn left onto St Georges Crescent
11	12.123	7	Turn right onto Lower St Georges Crescent then sharp left onto Wolseley Street
12	12.672	≯	Turn right onto Wrights Road
13	13.062	÷	Turn left onto Drummoyne Avenue
14	13.465	÷	Turn left onto Victoria Place
15	13.788	Ч	Turn right onto Henricks Avenue
16	13.939	R	Turn left onto The Esplanade continue to Lysaght Park
17	15.412	≯	Turn right onto Swannell Avenue then right onto Burns Crescent
18	15.795	÷	Turn left onto Hezlet Street
19	15.918	Ч	Turn sharp right onto Bortfield Drive
20	16.411	≯	Turn right onto Blackwall Point Road continue to Great North Road
21	17.727	Я	Turn right onto Great North Road then turn right onto Walton Crescent continue to the end
22	18.828	÷	Turn left onto Teviot Avenue cross Great North Road then right onto The Terrace
23	19.091	→	Turn right onto Battersea Street to the end, turn left onto Hunter Street, turn right onto Checkley Street, go through Quarantine Reserve
24	19.724	7	Continue right onto Abbotsford Parade
25	20.018	≯	Turn right onto St Albans Street
26	20.402	→	Turn right onto Mayne Lane then left onto Wynston Parade
27	21.393	←	Turn left onto Hill Street then right onto McGrath Avenue
28	21.708	Ч	Turn sharp right onto Kerin Avenue which becomes Preston Avenue
29	22.237	→	Turn right onto Lyons Road West then right onto James Street continue to the end turn left onto Friend Avenue
30	22.865	→	Turn right onto Lyons Road West
31	23.521	←	Turn left onto Bayview Road
32	24.255	÷	Turn left onto Queens Road
33	26.163	>	Turn right onto Ingham Avenue

No	Km	Turn	Directions
34	26.559	ĸ	Turn left onto Henley Marine Drive, continue onto The Bay Run to the finish
35	30.351		FINISH