

| No | Km | Turn | Directions |
|----|--------|------|---|
| 1 | 0.273 | ← | Turn left onto Lofberg Road |
| 2 | 0.550 | → | Turn right onto Inverallan Avenue |
| 3 | 1.190 | → | Turn right onto Yarrara Road |
| 4 | 1.889 | → | Turn right onto Pymble Avenue |
| 5 | 2.844 | → | Cross Pacific Highway and over railway and onto Alma Street |
| 6 | 3.461 | ← | Turn left onto Station Street |
| 7 | 3.746 | ← | Cross Telegraph Road continue onto Station Street |
| 8 | 4.088 | ↗ | Turn right onto Merrivale Road |
| 9 | 4.758 | ↖ | Turn left onto Pentecost Avenue |
| 10 | 5.565 | ← | Cross Bobbin Head Road continue onto Boomerang Street then onto Brentwood Avenue |
| 11 | 6.455 | ← | Turn left onto Eastern Road continue to station. Cross Pacific Highway |
| 12 | 7.318 | ← | Turn left onto Duff Street |
| 13 | 8.024 | → | Turn right onto Cornwall Avenue |
| 14 | 8.309 | ← | Turn left onto Monteith Street then right onto Kissing Point Road |
| 15 | 10.887 | ← | Turn left onto Koombalah Avenue |
| 16 | 11.378 | ← | Turn left onto The Great North Walk |
| 17 | 12.472 | ↘ | Turn right onto Gloucester Avenue Trail continue on trail until Gloucester Avenue |
| 18 | 14.056 | → | Turn right onto Wallalong Crescent |
| 19 | 14.796 | ← | Cross Yanko Road and continue onto Alexander Walkway |
| 20 | 15.040 | | FINISH |