

Trailwalker Toetwinkler

START

Georges Heights Oval, Suakin Drive, Mosman.

- 0.0 L Suakin Drive
- 0.2 L Middle Head Rd
- 0.9 R Muston St
- 1.2 R Raglan St to bottom; L along The Esplanade (W,T)
- 2.7 onto beach to end. Up steps, then Right into Stanton Rd
- 3.1 R Burran into Hopetoun (lower road)
- 3.5 R Rosherville Rd.; path into then across reserve
- 3.7 R Maclean St, into Cyprian St. Up steps and R Parriwi Rd
- 4.9 R Spit Rd (stay on RHS) ***Short Option*13.5 km turnaround***
- 5.3 L Under bridge on path; then up and over bridge on LHS
- 5.7 R Up steps on Battle Blvd near Spit Rd.
- 5.8 Up Panorama Pde. L Ellery Pde. R Dalwood
- 7.2 L Clontarf St, L Callicoma Rd; R Acacia Rd
- 7.6 R Castle Circuit
- 7.6 L Wakehurst Pkwy
- 8.0 L into bush at bus stop opposite Armstrong.
- 8.5 past Seaforth Oval (W,T)
- 8.7 into bush track at N end of oval at sign
- 9.0 strt on bush track parallel to rd****Bush option**** →
- 11.4 strt on along Bantry Bay Rd
- 11.7 past Grattan Ave ****Bush option rejoins**** ←
- 12.4 R footpath over Parkway; To Aquatic Centre.
- 12.8 (W,T at fields). ****Road option**** →
- R across fields to near skate ramp
- 13.0 down steps to pipeline. L on firetrail, over ladder. Onto Curl Curl Track. Follow track down hill, across main firetrail etc.
- 14.9 arrive at edge of reservoir. Stay on trail by water.
- 16.7 arrive at car park (W,T); follow road.
- 17.6 pass playground (W,T) => R on bush track.
- 17.9 R at top of hill onto firetrail. ***Road rejoins*** ←
- 18.1 L Gate onto Water Reserve Rd.
- 18.6 into Daisy then into Serpentine Cres
- 19.0 L onto bike path; R to underpass.
- 19.1 L after underpass up onto rd; head up Dudley St
- 19.6 L Sydney Rd and cross (on footbridge if necessary).
- 19.7 R Maretimo St
- 20.1 R Russell St, R Harbour View St to end
- 20.2 L On footpath of Kanangra Cres
- 20.3 L Perrone Ave
- 20.4 R Down stairs opposite No. 72, straight down to beach
- 20.5 R Sandy Bay Rd. Past beach, onto bush track and under Spit bridge. Cross bridge on RHS.
- 22.2 R into reserve (W,T). Past rowing club and stay beside water. ****13.5 km continue here****
- 22.7 up hill and R onto track to Quaker's Hat. Stay on track for 1.1 km. At a grassy area, go L up stairs.
- 24.0 R Bay St.
- 24.9 L up Glen St. In 100 m, R Cowles then L Awaba. Cross Spit Rd at lights.
- 25.7 R Moruben Rd (at roundabout)
- 26.1 L Arbutus Rd. Around to L. Cross Upper Almora St and into Redan Lane
- 26.9 R Raglan St
- 27.1 L Military Road
- 27.2 Into Bradley's Head Road at roundabout
- 28.1 L Thompson St to end
- 28.3 L Burrawong Ave,
- 28.7 L Down stairs to Morella Rd, then L into Clifton Gardens
- 28.9 Down to Beach
- 29.0 L along beach, into Chowder Bay barracks – follow designated path up stairs
- 29.5 L Federation track up hill (beside barracks), then up driveway at top of track
- 29.7 L Suakin Drive at top of hill



PO Box R1227, Royal Exchange, Sydney, NSW 1225
<http://www.sydneystriders.org.au>

Trailwalker Twinkletoe
20-30 km map

Start/Finish at Georges Heights Oval,
 Suakin Drive, Mosman.
 Revised 20 Jun., 2011.

SHORT+ BUSH OPTIONS

Short subtracts 11.6 km. 18.4 km total.
Bush adds 0.9 km: 30.9 km total.

SHORT OPTION

- 0.0 cross Parkway. Turn L. Then R Judith St.
- 0.5 R Manning; R Bardoo becomes Woodbine
- 2.1 R Water Reserve Rd [rejoins long course]

BUSH OPTION

- 0.0 L Timbergetters track (down!)
- 0.9 R along Bay track by Bantry Bay
- 1.6 cross creek by fallen tree – path is on left
- 2.3 L Bluff Track. R at fork 1 km later.
- 3.3 into Grattan Cres past Ararat Res (W,T)
- 3.6 L Bantry Bay [rejoins 30-km course]

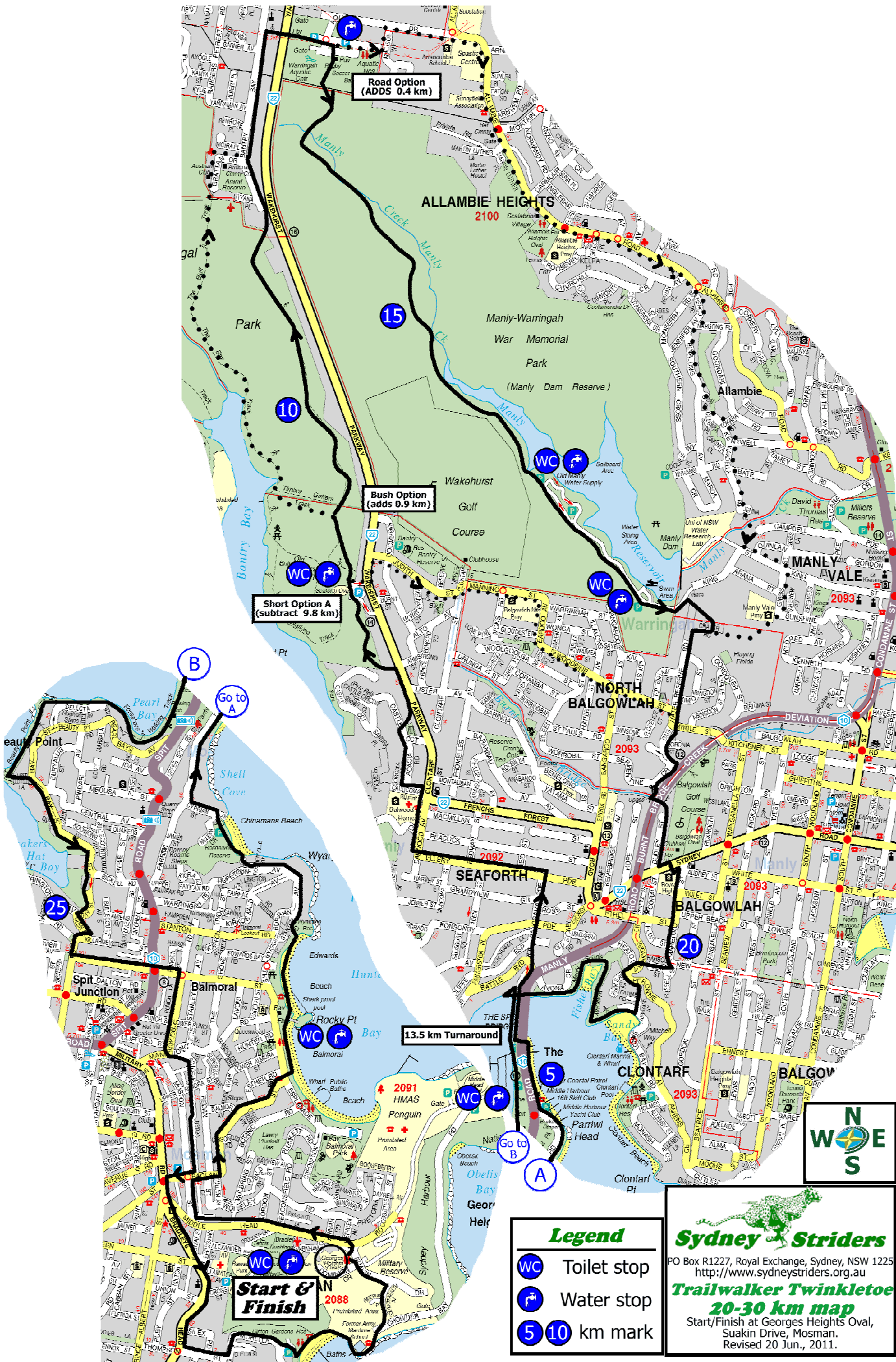
ROAD OPTION

Adds 0.4 km. 30.4 km total.

- 0.0 exit carpark on rd; R Aquatic Drive.
- 0.8 into Allambie Rd. Downhill.
- 2.9 R third roundabout (Monsera); immed L L Binalong
- 3.6 L Kentwell.
- 3.8 Strt on Wandella into bushtrack at end.
- 4.4 Exit track; L King; R Gibbs
- 4.9 thru carpark onto bush track
- 5.5 Rejoin bush option.

30.0 **FINISH!!**





Road Option
(ADDS 0.4 km)

Bush Option
(adds 0.9 km)

Short Option A
(subtract 9.8 km)

13.5 km Turnaround

Start & Finish

- Legend**
- Toilet stop
 - Water stop
 - 5 10 km mark



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